



Checklist

Weekly Checklist

1. Monday

- ☐ **1.1** run the laundry
- ☐ **1.2** breakfast
- ☐ **1.3** take the kids to preschool
- ☐ **1.4** bedrooms and kitchen cleaning
- ☐ **1.5** lunch
- ☐ **1.6** children's activities
- ☐ **1.7** dinner

2. Tuesday

- ☐ **2.1** breakfast
- ☐ **2.2** take the kids to preschool
- ☐ **2.3** cleaning restrooms and living room
- ☐ **2.4** lunch

☐ **2.5** children's activities

☐ **2.6** dinner

3. Wednesday

☐ **3.1** run the laundry

☐ **3.2** breakfast

☐ **3.3** take the kids to preschool

☐ **3.4** bedrooms and kitchen cleaning

☐ **3.5** lunch

☐ **3.6** playtime with kids

☐ **3.7** dinner

4. Thursday

☐ **4.1** breakfast

☐ **4.2** take the kids to preschool

☐ **4.3** cleaning restrooms and living room

☐ **4.4** lunch

☐ **4.5** children's activities

☐ **4.6** dinner

5. Friday

- ☐ **5.1** laundry
- ☐ **5.2** breakfast
- ☐ **5.3** take the kids to preschool
- ☐ **5.4** lunch
- ☐ **5.5** Sabbath preparation
- ☐ **5.6** special dinner

6. Saturday

- ☐ **6.1** morning prayer
- ☐ **6.2** breakfast
- ☐ **6.3** playtime with kids
- ☐ **6.4** lunch
- ☐ **6.5** family time
- ☐ **6.6** dinner

7. Sunday

- ☐ **7.1** laundry
- ☐ **7.2** breakfast

- ☐ **7.3** walk with kids
- ☐ **7.4** general house cleaning
- ☐ **7.5** lunch
- ☐ **7.6** children's activities
- ☐ **7.7** dinner

Создано с помощью онлайн сервиса Чек-лист | Эксперт: <https://checklists.expert>

как это убрать?