



ECO-FRIENDLY CHECKLIST

- ☐ **1.** Don't use a single-use plastic
- ☐ **2.** Limit showers to 5 minutes
- ☐ **3.** Cycle or use public transport
- ☐ **4.** Take your own cup, bottle and bag
- ☐ **5.** Sorted a recycled waste
- ☐ **6.** Buy fluorescent light bulbs
- ☐ **7.** Make meals at home to avoid packaging